

Marsblade®

XPLOSION ICE TRAINING



WE MAKE PLAYERS BETTER!

THE TOTAL PACKAGE

All Sessions at REC PLEX in West Des Moines

- Small group Training / Limited 12 Skater / 4 Goalie spots per group (4- 1 hr Sessions).
- Skill Sessions, Drills that work on ALL components of a players game. Passing, shooting, skating and Cognitive Hockey IQ.
- Over 30 National Championships with the Xplosion Coaches
- On Ice goalie Coaches
- Cost is \$199 for all (4) sessions.
- Questions? Email xplosionhcky@gmail.com

Come see what **XPLOSION TRAINING** is all about. Come see how “**Xplosion Hockey**” produces the Top Players in Des Moines. All of our drills are based off game scenarios to help create Cognitive Hockey IQ. Which translates to **LESS** panicking with the puck to make smarter plays and develop confidence with the puck. **WE** just make players better, period!

Group #1- Bantam / High School Fridays - 9-9 / 9-16 / 9-23 / 9-30 - Times: 430pm-5:30pm

Group #2 - Squirt / Peewee - Fridays - 9-9 / 9-23 / 9-30 Times: 5:45-6:45pm

Saturday 9-17 / 8:30am-9:30am



REGISTER HERE!!

